

# *Fasting: The Second Seven Days*



**As you fast for these 21 Days**

**Day 08** ﴿Fast for \_\_\_\_\_.

**Day 09** ﴿Fast for \_\_\_\_\_.

**Day 10** ﴿Fast for \_\_\_\_\_.

**Day 11** ﴿Fast for \_\_\_\_\_.

**Day 12** ﴿Fast for \_\_\_\_\_.

**Day 13** ﴿Fast for \_\_\_\_\_.

**Day 14** ﴿Fast for \_\_\_\_\_.



As you fast for these **21 Days**

Day 08 ☞ Fast for revelation.

Day 09 ☞ Fast for \_\_\_\_\_.

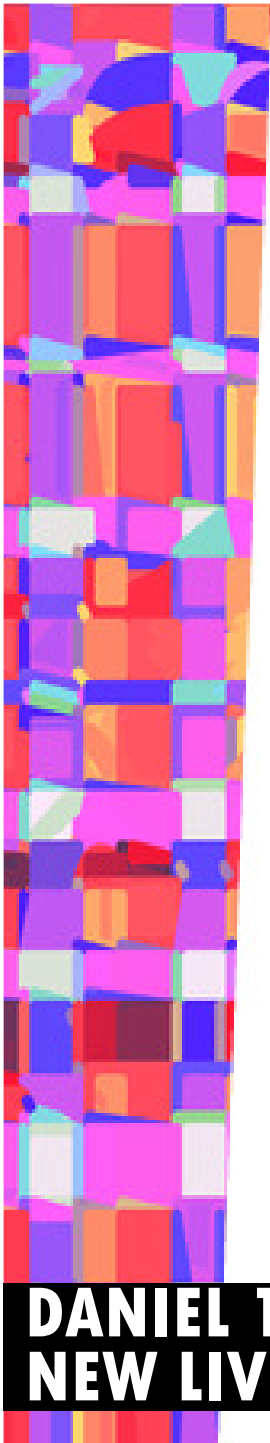
Day 10 ☞ Fast for \_\_\_\_\_.

Day 11 ☞ Fast for \_\_\_\_\_.

Day 12 ☞ Fast for \_\_\_\_\_.

Day 13 ☞ Fast for \_\_\_\_\_.

Day 14 ☞ Fast for \_\_\_\_\_.



**16** So after that, the attendant fed them only vegetables instead of the food and wine provided for the others. **17** God gave these four young men an unusual aptitude for understanding every aspect of literature and wisdom. And God gave Daniel the special ability to interpret the meanings of visions and dreams.

**DANIEL 1:16-17**  
**NEW LIVING TRANSLATION**



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Day 09 ☞ Fast for salvations.

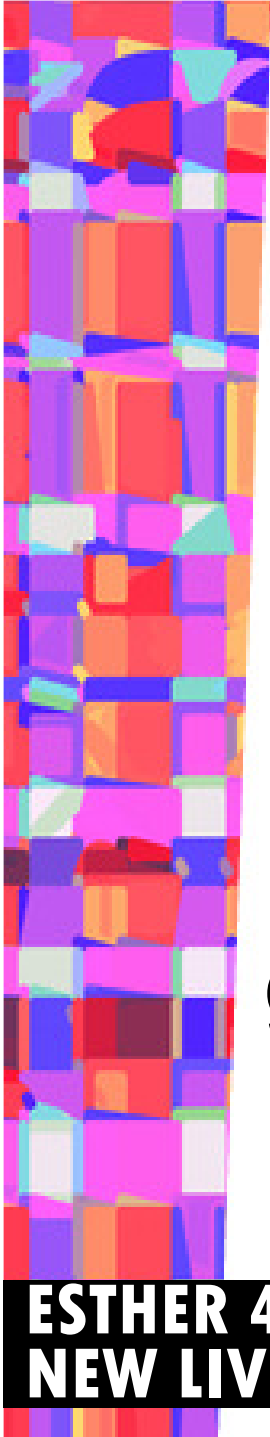
Day 10 ☞ Fast for \_\_\_\_\_.

Day 11 ☞ Fast for \_\_\_\_\_.

Day 12 ☞ Fast for \_\_\_\_\_.

Day 13 ☞ Fast for \_\_\_\_\_.

Day 14 ☞ Fast for \_\_\_\_\_.



**3** And as news of the king's decree reached all the provinces, there was great mourning among the Jews. They fasted, wept, and wailed, and many people lay in burlap and ashes.

**ESTHER 4:3**  
**NEW LIVING TRANSLATION**



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Day 09 ⇨ Fast for salvations.

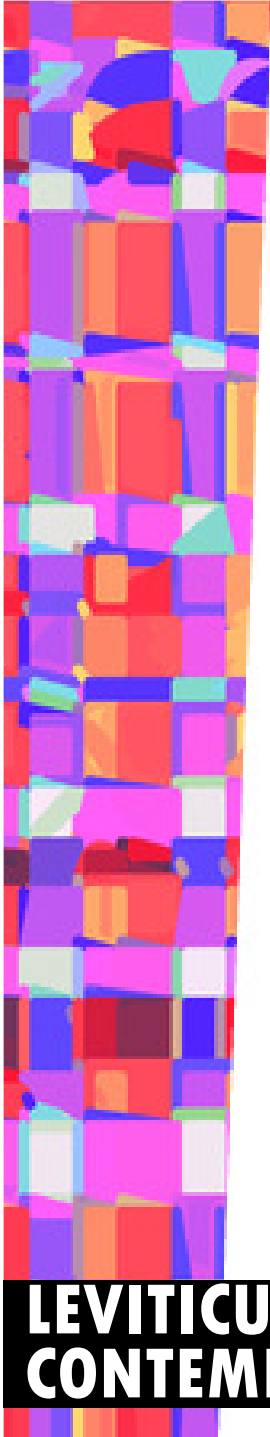
Day 10 ⇨ Fast for obedience.

Day 11 ⇨ Fast for \_\_\_\_\_.

Day 12 ⇨ Fast for \_\_\_\_\_.

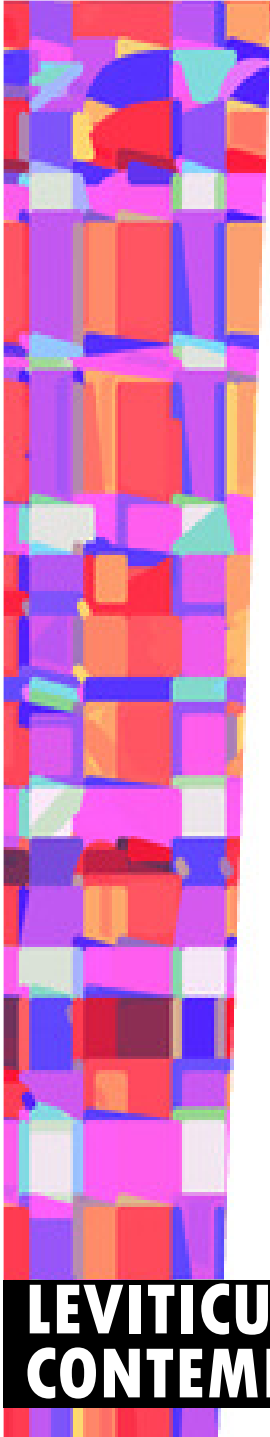
Day 13 ⇨ Fast for \_\_\_\_\_.

Day 14 ⇨ Fast for \_\_\_\_\_.



**The LORD told Moses to say to the people:**  
**29** On the tenth day of the seventh month of each year, you must go without eating to show sorrow for your sins, and no one, including foreigners who live among you, is allowed to work. **30** This is the day on which the sacrifice for the forgiveness of your sins will be made in my presence,

**LEVITICUS 16:29-31**  
**CONTEMPORARY ENGLISH VERSION**



**The LORD told Moses to say to the people:  
31 and from now on, it must be  
celebrated each year. Go without  
eating and make this a day of  
complete rest just like the Sabbath.**

**LEVITICUS 16:29-31  
CONTEMPORARY ENGLISH VERSION**



**Day 10** ⇨ Fast for **OBEDIENCE**.

⇨ Hebrew word for  
“**Affliction**” is “\_\_\_\_\_”.



Day 10 ⇨ Fast for OBEDIENCE.

⇨ Hebrew word for  
“Affliction” is “fast”.



As you fast for these **21 Days**

Day 08 ⇨ Fast for revelation.

Day 09 ⇨ Fast for salvations.

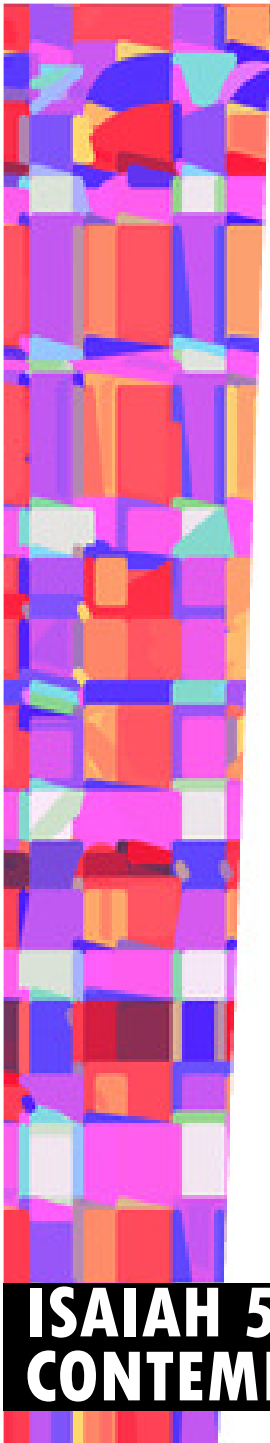
Day 10 ⇨ Fast for obedience.

Day 11 ⇨ Fast for honor.

Day 12 ⇨ Fast for \_\_\_\_\_.

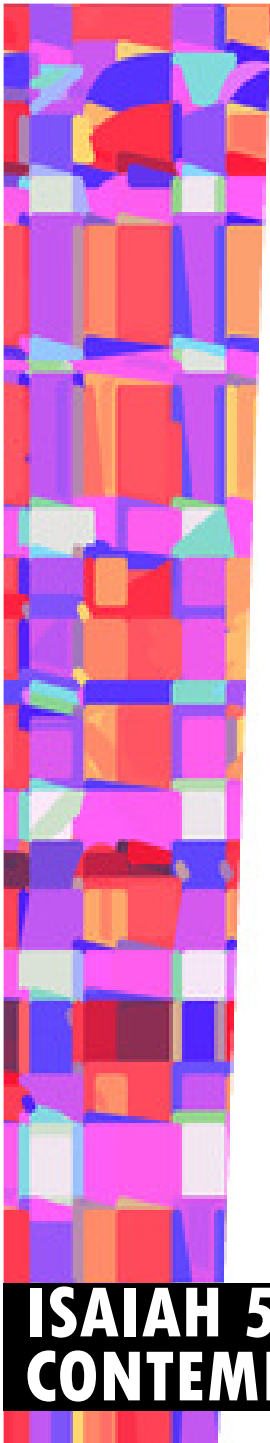
Day 13 ⇨ Fast for \_\_\_\_\_.

Day 14 ⇨ Fast for \_\_\_\_\_.



**6** I'll tell you what it really means to worship the LORD. Remove the chains of prisoners who are chained unjustly. Free those who are abused! **7** Share your food with everyone who is hungry; share your home with the poor and homeless. Give clothes to those in need; don't turn away your relatives.

**ISAIAH 58:6-8**  
**CONTEMPORARY ENGLISH VERSION**



**8** Then your light will shine like the dawning sun, and you will quickly be healed. Your honesty will protect you as you advance, and the glory of the LORD will defend you from behind.

**ISAIAH 58:6-8**  
**CONTEMPORARY ENGLISH VERSION**



As you fast for these **21 Days**

Day 08 ⇨ Fast for revelation.

Day 09 ⇨ Fast for salvations.

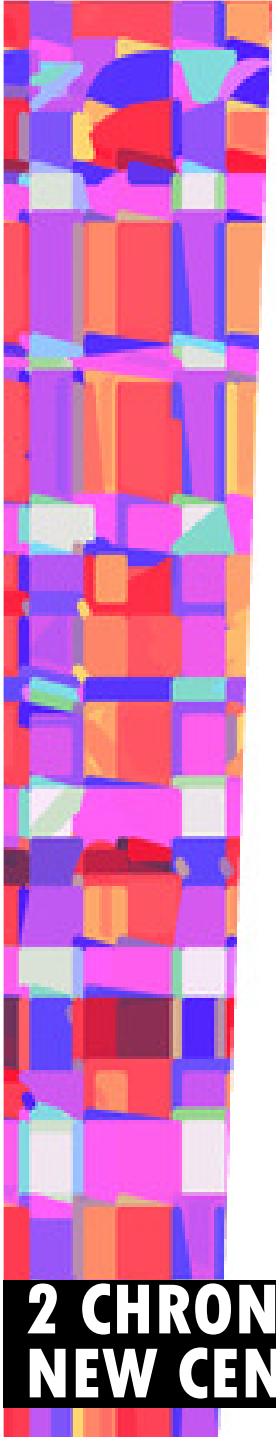
Day 10 ⇨ Fast for obedience.

Day 11 ⇨ Fast for honor.

Day 12 ⇨ Fast for economics.

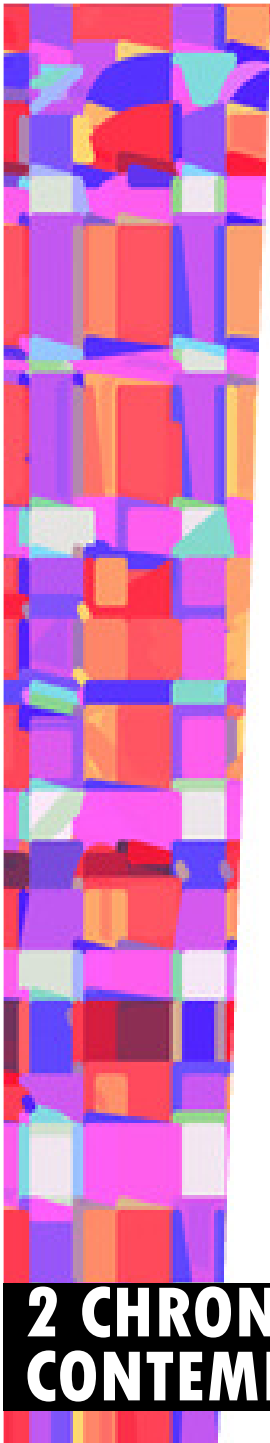
Day 13 ⇨ Fast for \_\_\_\_\_.

Day 14 ⇨ Fast for \_\_\_\_\_.



**15** He said, "Listen to me,  
King Jehoshaphat and all you  
people living in Judah and Jerusalem.  
The Lord says this to you: 'Don't  
be afraid or discouraged because  
of this large army. The battle is  
not your battle, it is God's.

**2 CHRONICLES 20:15**  
**NEW CENTURY VERSION**



**25** So Jehoshaphat and his troops went into the camp to carry away everything of value. They found a large herd of livestock, a lot of equipment, clothes, and other valuable things. It took them three days to carry it all away, and there was still some left over.

**2 CHRONICLES 20:25**  
**CONTEMPORARY ENGLISH VERSION**



## Fasting Reveals 3 Things that We Need to Look at...

**(01)** Power of \_\_\_\_\_.

**(02)** Hear God's \_\_\_\_\_.

**(03)** Provides Economic \_\_\_\_\_.



## Fasting Reveals 3 Things that We Need to Look at...

(01) Power of **Praise**.

(02) Hear God's \_\_\_\_\_.

(03) Provides Economic \_\_\_\_\_.



## Fasting Reveals 3 Things that We Need to Look at...

(01) Power of Praise.

(02) Hear God's Voice.

(03) Provides Economic \_\_\_\_\_.



## Fasting Reveals 3 Things that We Need to Look at...

(01) Power of Praise.

(02) Hear God's Voice.

(03) Provides Economic Prosperity.



As you fast for these **21 Days**

Day 08 ⇨ Fast for revelation.

Day 09 ⇨ Fast for salvations.

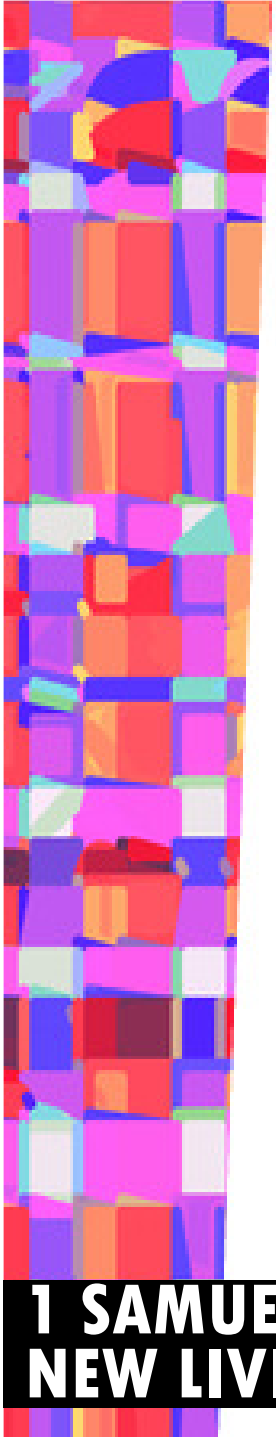
Day 10 ⇨ Fast for obedience.

Day 11 ⇨ Fast for honor.

Day 12 ⇨ Fast for economics.

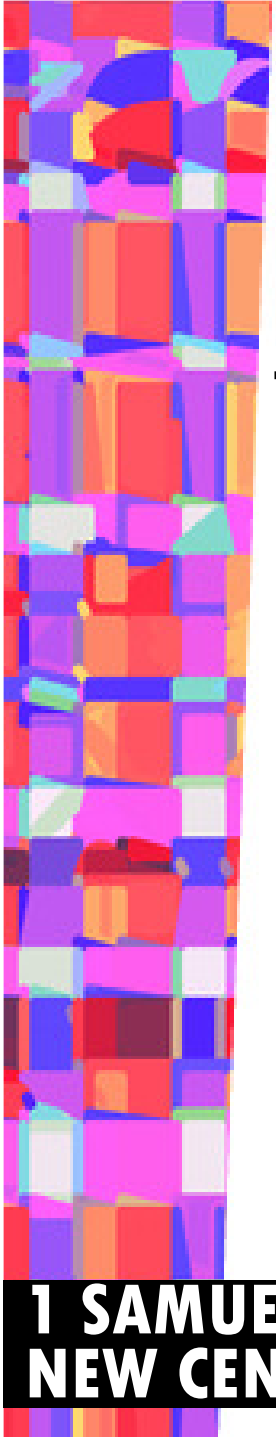
Day 13 ⇨ Fast for breaking curses.

Day 14 ⇨ Fast for \_\_\_\_\_.



7 Year after year it was the same—  
Peninnah would taunt Hannah as they  
went to the Tabernacle. Each time,  
Hannah would be reduced to tears  
and would not even eat. 8 “Why are  
you crying, Hannah?” Elkanah would  
ask. “Why aren’t you eating? Why be  
downhearted just because you have  
no children? You have me—isn’t that  
better than having ten sons?”

**1 SAMUEL 1:7-8**  
**NEW LIVING TRANSLATION**



**19** Early the next morning Elkanah's family got up and worshiped the Lord. Then they went back home to Ramah. Elkanah had sexual relations with his wife Hannah, and the Lord remembered her. **20** So Hannah became pregnant, and in time she gave birth to a son. She named him Samuel, saying, "His name is Samuel because I asked the Lord for him."

**1 SAMUEL 1:19-20**  
**NEW CENTURY VERSION**



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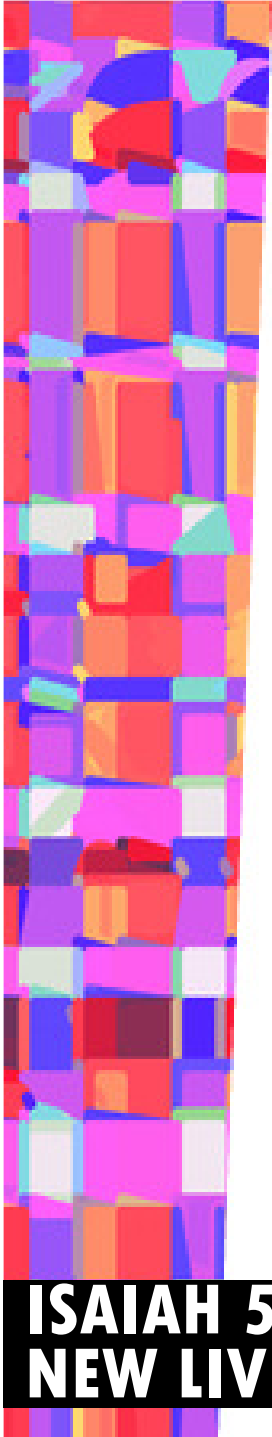
Day 10 ⇨ Fast for obedience.

Day 11 ⇨ Fast for honor.

Day 12 ⇨ Fast for economics.

Day 13 ⇨ Fast for breaking curses.

Day 14 ⇨ Fast for deliverance.



**8** Then your salvation will come like the dawn, and your wounds will quickly heal. Your godliness will lead you forward, and the glory of the Lord will protect you from behind.

**ISAIAH 58:8**  
**NEW LIVING TRANSLATION**