

REFUSE TO WORRY

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PUTTING A STOP TO WORRY

01: The _____ for Stopping Worry.
 ▶Matthew 6:25

JESUS GAVE US SOME THINGS NOT TO WORRY ABOUT...

- (01) _____
- (02) _____
- (03) _____

THE BIBLE EMPHASIZES JESUS CHRIST COMMAND

- (01) Philippians 4:6-7
- (02) 1 Peter 5:7
- (03) Ecclesiastes 11:10

02: The _____ for Stopping Worry.
 ▶Matthew 6:26-27

REASONS YOU SHOULD NOT WORRY

- 01: Worry accomplishes _____.
- 02: Worry reveals a lack of _____.
- 03: Worry affects your _____.
- 04: Worry damages your _____.
- 05: Worry hinders your _____.

03: The _____ for Stopping Worry.
 ▶Matthew 6:33-34

MATTHEW 6:25 ((NEW LIFE VERSION))

Jesus Teaches About Cares Of Life

25 I tell you this: Do not worry about your life. Do not worry about what you are going to eat and drink. Do not worry about what you are going to wear. Is not life more important than food? Is not the body more important than clothes?

PHILIPPIANS 4:6-7 ((NEW LIFE VERSION))

6 Do not worry. Learn to pray about everything. Give thanks to God as you ask Him for what you need. 7 The peace of God is much greater than the human mind can understand. This peace will keep your hearts and minds through Christ Jesus.

1 PETER 5:7 ((CONTEMPORARY ENGLISH VERSION))

7 God cares for you, so turn all your worries over to him.

ECCLESIASTES 11:10 ((NEW LIVING TRANSLATION))

10 So refuse to worry, and keep your body healthy. But remember that youth, with a whole life before you, is meaningless.

MATTHEW 6:26-27 ((NEW LIFE VERSION))

26 Look at the birds in the sky. They do not plant seeds. They do not gather grain. They do not put grain into a building to keep. Yet your Father in heaven feeds them! Are you not more important than the birds? 27 Which of you can make himself a little taller by worrying?

MATTHEW 6:33-34 ((THE MESSAGE))

30-33 If God gives such attention to the appearance of wildflowers—most of which are never even seen—don't you think he'll attend to you, take pride in you, do his best for you? What I'm trying to do here is to get you to relax, to not be so preoccupied with *getting*, so you can respond to God's *giving*. People who don't know God and the way he works fuss over these things, but you know both God and how he works. Steep your life in God-reality, God-initiative, God-provisions. Don't worry about missing out. You'll find all your everyday human concerns will be met. 34 Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.

((E X T R A N O T E S))

JESUS' REMEDY FOR OVERCOMING WORRY

01: Focus on the _____
not the _____.

02: Live one _____ at a _____.

03: Trust that _____ is in _____.

BOOK OF REVELATION GIVES US 2 BIBLICAL COMPARISONS OF HEAVEN

01: _____ table.

02: _____ of Righteousness.

((E X T R A N O T E S))

PROVERBS 16:1-9 ((PROPHETIC WORD))

1 We may think we make our plans, but God has the last word. **2** We may think we know what is right, but the Lord judges (**weighs out, measures**) our motives (**heart attitudes**). **3** Share your paths (**all activities of your life**) with the Lord, and you will succeed (**be made prosperous**). **4** The Lord has a reason (**purpose, destiny**) for everything He does, and He lets evil people (**ungodly**) live only to be punished (**ultimately reap trouble**). **5** The Lord doesn't like anyone who is conceited (**proud in heart attitude, arrogant**)—you can be sure they will be punished (**severely**). **6** Be loyal (**full of love and mercy**) and faithful (**stable, trustworthy, can be counted on**), and God will forgive your sins. Obey the Lord and evil is avoided. **7** When you praise the Lord, even your enemies make friends (**live at peace**) with you. **8** It's better to be honest and poor than to be dishonest and rich. **9** You may make your plans, but God directs your actions (**pace, direction you go in**).