

# KEEP YOUR PROMISES

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†Matthew 5:33-37

## A LIFE OF INTEGRITY // REQUIRES A COMMITMENT TO TRUTHFULNESS

01: Dishonesty undermines our \_\_\_\_\_.

02: Dishonesty is contrary to the character of \_\_\_\_\_.

## THERE'S SOME COMMON JUSTIFICATIONS THAT PEOPLE GIVE FOR BREAKING PROMISES

01: Keep your promises even when \_\_\_\_\_  
\_\_\_\_\_.

## THERE'S SEVERAL WAYS WE CAN STRETCH THE TRUTH / CARELESSLY HANDLE THE TRUTH

(01) We lie to cover up \_\_\_\_\_.

(02) We \_\_\_\_\_.

(03) We \_\_\_\_\_ . (WHITE LIES)

(04) We give \_\_\_\_\_ .

†Proverbs 28:23

(05) We \_\_\_\_\_ or \_\_\_\_\_.

02: Keep your promises even when you \_\_\_\_\_  
\_\_\_\_\_.

## MATTHEW 5:33-37 ((CONTEMPORARY ENGLISH VERSION))

### Promises

33 You know that our ancestors were told, "Don't use the Lord's name to make a promise unless you are going to keep it." 34 But I tell you not to swear by anything when you make a promise! Heaven is God's throne, so don't swear by heaven. 35 The earth is God's footstool, so don't swear by the earth. Jerusalem is the city of the great king, so don't swear by it. 36 Don't swear by your own head. You cannot make one hair white or black. 37 When you make a promise, say only "Yes" or "No." Anything else comes from the devil.

## PROVERBS 28:23 ((NEW LIVING TRANSLATION))

23 In the end, people appreciate honest criticism far more than flattery.

((E X T R A N O T E S))

03: Keep your promises even when you're the \_\_\_\_\_  
\_\_\_\_\_.

†Revelation 21:8

((E X T R A N O T E S))

**REVELATION 21:8 ((CONTEMPORARY ENGLISH VERSION))**

**8** But I will tell you what will happen to cowards and to everyone who is unfaithful or dirty-minded or who murders or is sexually immoral or uses witchcraft or worships idols or tells lies. They will be thrown into that lake of fire and burning sulfur. This is the second death.

PROVERBS 16:16-24 ((PROPHETIC WORD))

**16** It is better — much better — to have wisdom and knowledge (**under control, sensible**) than gold or silver. **17** God's people avoid evil ways (**those things that produce hurt, troubles, conflict**), and they protect (**save**) themselves by watching (**be careful**) where they go (**who they keep company with**). **18** Pride (**pompous attitude, arrogance**) leads to destruction (**conflicts, broken relationships, affliction**), and an arrogant attitude (**I'm better than you haughtiness**) precedes a fall (**ruin**). **19** You are better off to be humble (**take high road by taking low road**) with lowly people (**meek, gentle spirited people**) than to get rich from arrogant means. **20** Whoever gives attention (**obeys**) to the Lord's Word prospers (**be successful**), and God blesses (**interjects happiness**) into everyone who trust Him (**puts their confidence in God**). **21** Good judgment (**wise heart attitude**) proves that you have understanding (**discernment, discretion**), and if you speak kindly (**words are pleasant and sweet**), you can teach (**help others to receive from God**). **22** Wisdom (**good sense**) is a fountain of life (**producer of strength, refreshment**) to the one who has it, but stubborn fools punish themselves with their stupidity. **23** A wise person's heart controls his speech (**think before they speak**), and what he says helps others learn (**grow in the Lord**). **24** Kind words (**agreeableness is a delight**) are like honey (**sweeten the situation**) — they cheer you up (**bring health to soul and body**) and make you feel strong (**strengthen in body, spirit, mind**).