

# Finding the Strength to Go On

03/07/10 :: Dr. Billy Farrar [9AM & 11AM]

## RECONNECTING WITH GOD WHEN TROUBLES HIT

**01:** Focus your \_\_\_\_\_ on God.

☞ *Lamentations 3:47-48 ((The Message))*

☞ *Matthew 6:6 ((The Message))*

**02:** Ask God to \_\_\_\_\_ your fears.

☞ *Lamentations 3:55-57 ((Contemporary English Version))*

EVERYONE IN THIS ROOM HAS **HIDDEN FEARS** - WE MOSTLY  
**FAKE IT** - BIBLE PROVIDES 3 ANTIDOTES TO FEAR...

(01) \_\_\_\_\_ ☞ *John 8:32 ((The Message))*

(02) \_\_\_\_\_ ☞ *1 John 4:18 ((Amplified Bible))*

(03) \_\_\_\_\_ ☞ *Psalms 61:7 ((New Century Version))*

**03:** Believe God will \_\_\_\_\_ you.

☞ *Lamentations 5:21 ((Contemporary English Version))*

3 THINGS NOT TO DO WHEN TROUBLES HIT...

(01) Don't \_\_\_\_\_ your grief.

(02) Don't \_\_\_\_\_ your life.

(03) Don't \_\_\_\_\_ into resentment.

## LAMENTATIONS 3:47-48 ((THE MESSAGE))

**47-48** We've been to hell and back. We've nowhere to turn, nowhere to go. Rivers of tears pour from my eyes at the smashup of my dear people.

## MATTHEW 6:6 ((THE MESSAGE))

**6** Here's what I want you to do: Find a quiet, secluded place so you won't be tempted to role-play before God. Just be there as simply and honestly as you can manage. The focus will shift from you to God, and you will begin to sense his grace.

## JOHN 8:32 ((THE MESSAGE))

### If the Son Sets You Free

**32** Then you will experience for yourselves the truth, and the truth will free you.

## 1 JOHN 4:18 ((AMPLIFIED BIBLE))

**18** There is no fear in love [dread does not exist], but full-grown (complete, perfect) love turns fear out of doors and expels every trace of terror! For fear brings with it the thought of punishment, and [so] he who is afraid has not reached the full maturity of love [is not yet grown into love's complete perfection].

## PSALM 61:7 ((NEW CENTURY VERSION))

**7** Let him rule in the presence of God forever. Protect him with your love and truth.

## LAMENTATIONS 5:21 ((CONTEMPORARY ENGLISH VERSION))

**21** Bring us back to you! Give us a fresh start.

*((extra notes))*

LET ME SUGGEST 2 THINGS TO DO WHEN YOU  
ARE HIT WITH A **TROUBLING SITUATION...**

- (01) \_\_\_\_\_ what cannot be changed.  
(02) \_\_\_\_\_ on what's left not what's lost.

**04:** Remember what \_\_\_\_\_ changes.  
☞ *Lamentations 5:17-19 ((Contemporary English Version))*

NO MATTER WHAT HAS **HAPPENED** -  
THERE'S 3 THINGS THAT NEVER CHANGES...

- (01) God is still in \_\_\_\_\_.  
[GOD IS STILL ON THRONE]  
(02) God still loves \_\_\_\_\_.  
[GOD WILL NEVER STOP LOVING YOU]  
(03) God is all you \_\_\_\_\_.  
[LORD IS ALL YOU NEED]

*((extra notes))*

## LAMENTATIONS 5:17-19 ((CONTEMPORARY ENGLISH VERSION))

**17** We feel sick all over and can't even see straight;  
**18** our city is in ruins, overrun by wild dogs. **19** You  
will rule forever, LORD! You are King for all time.

*((extra notes))*

## PROPHETIC WORD PROVERBS 28:13-23

**13** If you don't confess your sins, you will not prosper (*live as a failure*). But God will show mercy (*love, compassion*) to those who confess their sins. **14** Always obey the Lord and you will be happy (*blessed*). But if you are stubborn (*rebellious*), you will be ruined (*live a life of trouble, distress*). **15** A leader (*those in authority*) who mistreats the poor (*helpless*) is like a roaring lion (*strikes fear in hearts*) or a charging bear. **16** A leader without understanding (*thoughtful reasoning*) taxes his people heavily (*he oppresses them*), but those who hate unjust gain will live longer. **17** Do not give help to murderers (*those who kill with tongue through deceit, oppress*)! Allow them to stay on the run (*flee from them*). **18** Be honest (*full of integrity with words and actions*) and you will be safe. If you are dishonest (*crooked, perverse in words and actions*), you will suddenly fall (*cast down, even may die*). **19** Work hard, and you will have a lot of food; waste time, and you will have a lot of trouble (*poverty, distress*). **20** God blesses His loyal people, but punishes all who want to get rich quick. **21** Show partiality is not good; because some people will turn on you even for the smallest bribe. **22** A stingy person (*selfish, self centered person*) is in a hurry to get rich, not realizing that poverty is about to overtake them. **23** Correct someone (*lovingly encourage*), and afterward he will appreciate it more flattery.