

Fasting: The Second Seven Days

AS YOU FAST FOR THESE **21 DAYS**

Day 08 ☞ Fast for _____.
☞ *Daniel 1:16-17 ((New Living Translation))*

Day 09 ☞ Fast for _____.
☞ *Esther 4:3 ((New Living Translation))*

Day 10 ☞ Fast for _____.
☞ *Leviticus 16:29-31 ((Contemporary English Version))*

☞ Hebrew word for “Affliction” is “_____”

Day 11 ☞ Fast for _____.
☞ *Isaiah 58:6-8 ((New Century Version))*

Day 12 ☞ Fast for _____.
☞ *2 Chronicles 20:15 ((The Message))*

☞ *2 Chronicles 20:25 ((Contemporary English Version))*

FASTING REVEALS 3 THINGS THAT WE NEED TO LOOK AT...

(01) Power of _____.

(02) Hear God’s _____.

(03) Provides Economic _____.

Day 13 ☞ Fast for _____.
☞ *1 Samuel 1:7-8 ((New Living Translation))*

☞ *1 Samuel 1:19-20 ((New Century Version))*

Day 14 ☞ Fast for _____.
☞ *Isaiah 58:8 ((New Living Translation))*

DANIEL 1:16-17 ((NEW LIVING TRANSLATION))

16 So after that, the attendant fed them only vegetables instead of the food and wine provided for the others. **17** God gave these four young men an unusual aptitude for understanding every aspect of literature and wisdom. And God gave Daniel the special ability to interpret the meanings of visions and dreams.

ESTHER 4:3 ((NEW LIVING TRANSLATION))

3 And as news of the king’s decree reached all the provinces, there was great mourning among the Jews. They fasted, wept, and wailed, and many people lay in burlap and ashes.

LEVITICUS 16:29-31 ((CONTEMPORARY ENGLISH VERSION))

The LORD told Moses to say to the people:

29 On the tenth day of the seventh month of each year, you must go without eating to show sorrow for your sins, and no one, including foreigners who live among you, is allowed to work. **30** This is the day on which the sacrifice for the forgiveness of your sins will be made in my presence, **31** and from now on, it must be celebrated each year. Go without eating and make this a day of complete rest just like the Sabbath.

ISAIAH 58:6-8 ((CONTEMPORARY ENGLISH VERSION))

6 I’ll tell you what it really means to worship the LORD. Remove the chains of prisoners who are chained unjustly. Free those who are abused! **7** Share your food with everyone who is hungry; share your home with the poor and homeless. Give clothes to those in need; don’t turn away your relatives. **8** Then your light will shine like the dawning sun, and you will quickly be healed. Your honesty will protect you as you advance, and the glory of the LORD will defend you from behind.

2 CHRONICLES 20:15 ((NEW CENTURY VERSION))

15 He said, "Listen to me, King Jehoshaphat and all you people living in Judah and Jerusalem. The LORD says this to you: 'Don't be afraid or discouraged because of this large army. The battle is not your battle, it is God's.

2 CHRONICLES 20:25 ((CONTEMPORARY ENGLISH VERSION))

25 So Jehoshaphat and his troops went into the camp to carry away everything of value. They found a large herd of livestock, a lot of equipment, clothes, and other valuable things. It took them three days to carry it all away, and there was still some left over.

((extra notes))

1 SAMUEL 1:7-8 ((NEW LIVING TRANSLATION))

7 Year after year it was the same—Peninnah would taunt Hannah as they went to the Tabernacle. Each time, Hannah would be reduced to tears and would not even eat. **8** “Why are you crying, Hannah?” Elkanah would ask. “Why aren’t you eating? Why be downhearted just because you have no children? You have me—isn’t that better than having ten sons?”

1 SAMUEL 1:19-20 ((NEW CENTURY VERSION))

19 Early the next morning Elkanah's family got up and worshiped the LORD. Then they went back home to Ramah. Elkanah had sexual relations with his wife Hannah, and the LORD remembered her. **20** So Hannah became pregnant, and in time she gave birth to a son. She named him Samuel, saying, "His name is Samuel because I asked the LORD for him."

ISAIAH 58:8 ((NEW LIVING TRANSLATION))

8 Then your salvation will come like the dawn, and your wounds will quickly heal. Your godliness will lead you forward, and the glory of the LORD will protect you from behind.

((extra notes))